# Question 1: How is the agency using the funding the Committee on Health gave for Club Memory? How is it spent? Are we doing anything to evaluate Club Memory?

Club Memory is a supportive social group for people with mild cognitive impairment or early stage dementia and their care partners. Club Memory funding is administered by IONA Senior Services, and operated by Sibley Memorial Hospital. The Committee on Health allocated \$383,000 in one-time funding in FY2020, which has been combined with a \$500,000 reoccurring budget for Alzheimer's programming.

FY2020 Alzheimer's Program Budget & Expenditures as of Jan. 2020								
		Expenditure						
Services	Budget	YTD						
Money Management	\$207,656.00	\$62,445.70						
Dementia Navigators	\$205,956.00	\$69,641.96						
Club Memory	\$423,388.00	\$139,452.06						
Club Memory Early Onset	\$46,000.00	\$0						
Total	\$ 883,000.00	\$ 271,539.72						

**Note:** The early onset has no expenditures due to hiring delays from grantee. However, a part-time staff person has been hired as of March 6, 2020. The grantee is projected to spend the full amount of the grant in FY20.

Attached are a customer survey template (combined for Club Memory and Dementia Navigators) that is completed every summer by the program participants to evaluate how the program is doing, and findings from the program evaluation conducted in September 2019. The work of the focus groups and their impact has been selected for a presentation at the NIA National Research Summit on Care, Services, and Supports for Persons with Dementia and Their Caregivers in Bethesda, Maryland in March 2020.

DACL monitors the Club Memory Program regularly through monthly invoicing, site visits, and tracking the number of unduplicated clients served. As of January 2020, Club Memory has served 364 people.

# Question 2: What was the budget that was allocated for JW King Residence and Benning Park? What has been spent, and how will they spend?

The Committee on Health allocated one-time funds of \$10,000 for senior events at JW King Senior Center and Benning Park Community Center Apartments. DACL awarded this funding to our lead agency grantee in Ward 7, East River Family Strengthening Collaborative. The grantee is planning events at both sites in the spring and summer of 2020.

Question 3: A breakdown of expenditures last year and to date for satellite wellness. The Committee would also like to know the locations and programs that make up the satellite wellness program.

FY2019 Satellite Wellness Budget & Expenditures							
Budget Expenditur							
Satellite Wellness Program	\$ 200,000.00	\$ 200,000.00					

FY2020 Satellite Wellness Budget & Expenditures to Date							
Budget Expenditure							
Satellite Wellness Program	\$ 221,200.00	\$ 92,289.45					

**Note:** In FY2020, the Council provided a one-time \$21,200 enhancement for Satellite Wellness programming.

Please see attachment for the locations and programs that make up the satellite wellness program.

#### **Question 4: Current caseload of Adult Protective Services.**

As of March 2020, APS has 127 open investigations and 50 cases in continuing services. The average caseload is 10–15 cases per social worker.

### **Question 5: List of Senior or Assisted Living Housing pipeline.**

Please see attachment – DHCD – Senior or Assisted Living Projects.

### Question 6: # of isolated seniors in the city?

DACL does not have the exact number of isolated seniors living in the city.

#### **Question 7: Breakdown of city-wide services?**

DACL provides the following city-wide services: Case Management, LGBTQ, Adult Day Health Services, Blind and Visually Impaired Center, Caregiver Support and Respite Aide, Community and Home Delivered Meals, Deaf and Hard of Hearing Services, In-Home Supports and Security Camera Programs, Information Referral/Assistance, Legal Assistance, Medicaid Enrollment Assistance, Memory Care (Alzheimer's & Dementia), LGBTQ, Multicultural Senior Centers, Disease Prevention/Health Promotion, Nursing Home to Community Living Transition, Elder Abuse Programs, Nutrition Programs, Public Access Benefits, Senior Wellness Centers/Senior Centers, Transportation and Connector Card Programs.

# Question 8: Update in 2 weeks of progress made and what to expect regarding Model Cities (ADA) higher toilets?

The Department of General Services has provided an assessment of the low toilets at Model Cities and is preparing to replace them.







Part of the Senior Service Network Supported by the D.C. Department of Aging and Community Living

		Ward 1	Ward 4	Ward 5	Ward 6	Ward 7	Ward 8	EWHBC	TOTAL	%
	Survey Date	9/13/19	9/11/19	9/5/19	9/3/19	9/4/19	9/10/19	9/10/19		
	# Survey Participants	11	23	18	8	22	9	9	100	* See Note
	I have gained new or enhanced understanding of									
1	cognitive decline, Alzheimer's disease and related									
	memory concerns.									
	No Response/Not Applicable	2					1	3	6	6.0%
	Strongly Agree	5	1	11	5	16	7	4	49	49.0%
	Agree	4	16	7	3	6	1	2	39	39.0%
	Disagree		6						6	6.0%
	Strongly Disagree								0	0.0%
2	I feel less isolated in my experience with my memory concerns or dementia.									
	memory concerns or dementia.									
	No Response/Not Applicable	2	1		1		2	4	10	10.0%
	Strongly Agree	5	12	11	5	15	6	4	58	58.0%
	Agree	3	9	7	2	6	1	1	29	29.0%
	Disagree		1			1			2	2.0%
	Strongly Disagree	1							1	1.0%
3	I feel supported in my journey with memory loss.									
	No Response/Not Applicable	2	2	2	2		1	5	14	14.0%
	Strongly Agree	3	16	10	3	14	8	3	57	57.0%
	Agree	5	5	6	3	7		1	27	27.0%
	Disagree					1			1	1.0%

		Ward 1	Ward 4	Ward 5	Ward 6	Ward 7	Ward 8	EWHBC	TOTAL	%
	Survey Date	9/13/19	9/11/19	9/5/19	9/3/19	9/4/19	9/10/19	9/10/19		
	# Survey Participants	11	23	18	8	22	9	9	100	* See Note
	Strongly Disagree	1							1	1.0%
4	I have made changes to my diet to include healthier food choices.									
	No Response/Not Applicable		1	2	2	1		3	9	9.0%
	Strongly Agree	6	13	6	4	12	5	4	50	50.0%
	Agree	5	9	10	2	8	4	2	40	40.0%
	Disagree					1			1	1.0%
	Strongly Disagree								0	0.0%
5	I have increased the frequency and duration of my exercise.									
	No Response/Not Applicable	1	1			1	1	2	6	6.0%
	Strongly Agree	7	14	10	4	8	3	4	50	50.0%
	Agree	3	7	8	4	11	5	3	41	41.0%
	Disagree		1			2			3	3.0%
	Strongly Disagree								0	0.0%
6	I have developed new habits to challenge my mind with games, hobbies and other activities.									
	No Response/Not Applicable		1				1	4	6	6.0%
	Strongly Agree	6	13	14	5	15	6	4	63	63.0%
	Agree	5	9	4	3	7	2		30	30.0%
	Disagree							1	1	1.0%
	Strongly Disagree								0	0.0%

		Ward 1	Ward 4	Ward 5	Ward 6	Ward 7	Ward 8	EWHBC	TOTAL	%
	Survey Date	9/13/19	9/11/19	9/5/19	9/3/19	9/4/19	9/10/19	9/10/19		
	# Survey Participants	11	23	18	8	22	9	9	100	* See Note
7	I am getting more sleep on most days.									
	No Response/Not Applicable	2	1				1	4	8	8.0%
	Strongly Agree	2	10	5	2	11	2	1	33	33.0%
	Agree	6	9	10	6	8	5	2	46	46.0%
	Disagree	1	2	2		3	1	2	11	11.0%
	Strongly Disagree		1	1					2	2.0%
А	Program activities provided by the Club Memory® Instructor									
	Excellent	8	21	17	7	15	9	9	86	86.0%
	Good	1	2	1	1	7			12	12.0%
	Fair								0	0.0%
	Poor								0	0.0%
	No Response	2							2	2.0%
В	Quality of the Materials and Handouts Used									
	Excellent	8	20	15	7	18	7	7	82	82.0%
	Good	2	3	3	1	4	2	1	16	16.0%
	Fair								0	0.0%
	Poor								0	0.0%
	No Response	1						1	2	2.0%
С	Quality of program site/room									

		Ward 1	Ward 4	Ward 5	Ward 6	Ward 7	Ward 8	EWHBC	TOTAL	%
	Survey Date	9/13/19	9/11/19	9/5/19	9/3/19	9/4/19	9/10/19	9/10/19		
	# Survey Participants	11	23	18	8	22	9	9	100	* See Note
	Excellent	6	13	8	7	10	3	6	53	53.0%
	Good	4	7	7	1	9	4	2	34	34.0%
	Fair			2		2	2		6	6.0%
	Poor								0	0.0%
	No Response	1	3	1		1		1	7	7.0%
D	Location and accessibility of the program									
	Excellent	9	14	11	8	17	6	8	73	73.0%
	Good	2	6	6		5	3		22	22.0%
	Fair		1						1	1.0%
	Poor								0	0.0%
	No Response		2	1				1	4	4.0%
E	Presenter's ability to relate to the group									
	Excellent	9	21	16	7	18	6	8	85	85.0%
	Good	2	2	2	1	3	2	1	13	13.0%
	Fair								0	0.0%
	Poor								0	0.0%
	No Response					1	1		2	2.0%
F	Program Coordinator's respect of program participants									
	Excellent	9	18	15	7	19	6	8	82	82.0%
	Good	2	3	1	1	3	2	1	13	13.0%
	Fair								0	0.0%
	Poor								0	0.0%
	No Response		2	2			1		5	5.0%

		Ward 1	Ward 4	Ward 5	Ward 6	Ward 7	Ward 8	EWHBC	TOTAL	%
	Survey Date	9/13/19	9/11/19	9/5/19	9/3/19	9/4/19	9/10/19	9/10/19		
	# Survey Participants	11	23	18	8	22	9	9	100	* See Note
G	Instructor's knowledge of Dementia, Alzheimer's									
	disease, Cognitive decline and Memory changes									
	Excellent	7	20	16	8	18	7	8	84	84.0%
	Good	2	1	2		4	2	1	12	12.0%
	Fair		1						1	1.0%
	Poor								0	0.0%
	No Response	2	1						3	3.0%
Н	Overall effectiveness of program delivery									
	Excellent	7	20	15	7	20	7	7	83	83.0%
	Good	3	2	2	1	2	2	1	13	13.0%
	Fair								0	0.0%
	Poor								0	0.0%
	No Response	1	1	1	_		_	1	4	4.0%

Selected Participant Comments
"I love the variety - healthy tips and information, mind stimulating games and safety tips. Sharon and Shruti are fantastic and work extremely well together along
with the great support staff."
"Games, smiles of joy and love when I enter Club Memory every third Tuesday of each month first."
"Handouts and discussions relating to Alzheimer's, cognitive decline, exercises, nutrition, and memory games are very beneficial to my life functioning."
"I love the comaraderie with the members. We have lots of fun during the activities."
"Club Memory® is my favorite thing to do at the wellness center."
"Love the topics discussed or presented. Always something new and exciting is afforded to us each month. Would like to keep the program here."
"Thank you Sharon and Shruti for your dedication to the program. We all appreciate you!"
"I like the club activities and look forward to it each time. The staff members are super."
"It has been a pleasure to be a part of Club Memory all these years."

# Club Memory® Care Partner Support Group Program Evaluation/Assessment Tool

### Tell Us What You Think!

1.	Demograp	hic Information:
	Age:	Length of Time in Support Group: years months  □ Male □ Female □ Other
	Race:	□ Black / African American □ White □ Hispanic □ Non-Hispanic □ Pacific Islander □ Asian □ Native Hawaiian □ American Indian/Alaskan Native □ Other race (specify): □ Two or more races (specify): □
	Veteran S	Status: U Veteran  U Non-Veteran

Please provide your comments and suggestions. This will assist the DC Office on Aging to meet your needs.

### 2. Please tell us how you rate the following:

	Excellent	Good	Fair	Poor
a) Program activities provided by the Support Group Facilitator				
b) Quality of the materials and handouts used				
c) Quality of program site/room				
d) Location and Accessibility of the program				
e) Facilitator's ability to relate to the group				
f) Facilitator's respect of participants				
g) Facilitator's knowledge of Dementia, Alzheimer's Disease,				
Cognitive Decline and Memory Loss				
h) Overall effectiveness of program delivery				

### 3. As a result of this Care Partner Support Group:

	Strongly Agree	Agree	Disagree	Strongly Disagree
a) I have gained new or enhanced understanding of Cognitive Decline, Alzheimer's disease and related Memory Concerns				
b) I have improved my caregiver knowledge and skills.				
c) I feel less isolated in my experience as a caregiver.				
d) I have increased my ability to manage caregiving responsibilities.				
e) I feel supported as a caregiver of a loved one with Alzheimer's disease or a related disorder.				
f) I have increased access to social supports and/or community programs.				

### 4. Other Questions:

	Yes	No
a) I would recommend this care partner support group to a friend.		
b) My participation in the care partner support group has delayed or reduced the likelihood of my family member (Care Receiver) being placed in a nursing home facility.		

5. 	What aspect(s) of the Care Partner Support Group do you find most helpful or useful?
5.	What would improve the Care Partner Support Group?
7.	Additional Comments:

Have you worked with a Resource Specialist?

If yes, please complete the next two pages. Thank you!

# **Resource Specialist Support for a Care Partner**

### **Tell Us What You Think!**

### 1. Please tell us how you rate the following:

	Excellent	Good	Fair	Poor
a) Information on resources provided by the Resource Specialist				
b) Resource Specialist's accessibility when you had a question or concern				
c) Resource Specialist's ability to relate to you				
d) Resource Specialist's respect for your situation as a care partner				
e) Overall effectiveness of the Resource Specialist's support				

### 2. As a result of the Resource Specialist's support,

	Strongly Agree	Agree	Disagree	Strongly Disagree
a) I have gained new or enhanced understanding of Alzheimer's disease and related disorders.				
b) I feel less isolated in my experience as a care partner.				
c) I have increased my ability to manage care partner responsibilities.				
d) I feel supported as a care partner of someone with Alzheimer's disease or a related disorder.				

### 3. Other Questions

	Yes	No
a) I would work with the Resource Specialist again if the need arises.		
b) I would recommend the Resource Specialist services to another care		
partner.		
c) The Resource Specialist's support and involvement has had a positive		
impact on my ability to provide care.		

4. What about the Resource Specialist's involvement do/did you find most helpful?					
5. What shanges to the Desayues Cresialist was super would make it may affective in helping families with					
5. What changes to the Resource Specialist program would make it more effective in helping families with caring for someone with Alzheimer's disease or a related disorder?					
Additional Comments:					

Thank you for your feedback!

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# **DHCD - DFD Pipeline : Projects** | Senior or Assisted Living Projects

### Senior or Assisted Living Projects

Project Name	Project Sponsor	Address	Project Type/Scope	Units	Senior Units	Loans - Funding Sources	Loans - Total Loan Amount	Closing: Projected or Actual Closing Quarter	Construction: Projected or Actual Completion Quarter
Closed (17 Projects)			,	•		,			,
Roundtree Residences (aka Alabama Ave Senior)	Vision of Victory CDC	2515 Alabama Avenue SE, Washington, District of Columbia	New Construction	91	91	HOME	\$5,000,000	2012 1Q	03-15-2013
House of Lebanon Senior (M.M. Washington High School)	MM Washington Redevelopment Partners (Mission First)	27 O St NW, Washington, District of Columbia	Substantial Rehabilitation	80	80	HOME	\$4,744,400	2012 3Q	06-20-2013
Senior Housing at O Street	Roadside Development & Dantes Partners	1490 7th St NW, Washington, District of Columbia	New Construction	90	90	HPTF	\$6,279,412	2013 1Q	07-21-2014
6925 Georgia Ave	Mi Casa, Inc.	6925-6929 Georgia Ave NW, Washington, District of Columbia	New Construction	27	13	HOME	\$1,302,316	2013 4Q	10-24-2015
Israel Manor Senior Residences	Israel Senior Residences LLC	10th Street & Rhode Island Ave NE, District of Columbia	New Construction	47	47	HOME 9% LIHTC	\$1,514,000	2014 1Q	05-12-2016
6925 Georgia Ave (Additional Financing)	Mi Casa, Inc.	6925-6929 Georgia Ave NW, Washington, District of Columbia	Additional Financing	27	13	HPTF	\$2,600,000	2015 3Q	
Girard Street Community Partners	The Aroli Group, LLC; Dantes Partners	1545 Girard Street Northeast, Washington, District of Columbia	New Construction	25	25	HOME 9% LIHTC	\$323,028	2015 3Q	06-03-2016
Plaza West	Golden Rule Plaza Inc; Mission First HDC	1035 4th Street NW; 307 K St NW, Washington, District of Columbia	New Construction	223	223	HPTF DBH	\$18,420,000	2016 3Q	06-28-2018
Sarah's Circle	Sarah's Circle	2551 17th St NW Suite 103, Washington, District of Columbia	Substantial Rehabilitation	49	49	DBH 9% LIHTC		2017 2Q	03-29-2019
Hedin House	THC Affordable Housing	2900 Newton Street Northeast, Washington, District of Columbia 20018	Substantial Rehabilitation	48	48	HPTF 9% LIHTC	\$1,134,089	2017 3Q	05-15-2019
Meadow Green Court/Milestone Senior	Milestone Senior Owner, LLC	3539 A Street Southeast, Washington, District of Columbia 20019	Substantial Rehabilitation	60	45	HPTF 9% LIHTC	\$6,909,668	2018 1Q	07-12-2019
1164 Bladensburg Road NE	1164 Bladensburg LLC	1164 Bladensburg Road Northeast, Washington, District of Columbia 20002	New Construction	65	65	HPTF	\$10,833,567	2018 2Q	08-21-2019

Project Name	Project Sponsor	Address	Project Type/Scope	Units	Senior Units	Loans - Funding Sources	Loans - Total Loan Amount	Closing: Projected or Actual Closing Quarter	Construction: Projected or Actual Completion Quarter
Abrams Hall	Abrams Hall LP	6900 Georgia Avenue Northwest, Washington, District of Columbia 20012	Substantial Rehabilitation	80	80	HPTF DBH 9% LIHTC	\$9,753,037	2018 3Q	11-22-2019
Delta Towers	Dantes Partners LLC	1400 Florida Avenue Northeast, Washington, District of Columbia 20002	New Construction	179	179	HPTF	\$23,261,307	2018 4Q	11-25-2020
WC Smith DHCD Submission City View October 2015	WC Smith	2850 Douglass Place, Washington, District of Columbia 20020	New Construction	58	12	DBH 9% LIHTC		2019 1Q	10-05-2019
Milestone Senior 4% Owner, LLC		3539 A Street Southeast, Washington, District of Columbia 20019	Modification	60	45		\$0	2019 1Q	
555 E Street SW	555 E Street SW Seniors LLC	555 E St SW, Washington, District of Columbia 20024	New Construction	58	58	HPTF	\$10,947,095	2019 1Q	05-12-2020
гот				1,267	1163		\$103,021,919		
Underwriting (9 Pro	jects)								
Mary's House - Predevelopment	Mary's House For Older Adults	401 Anacostia Road Southeast, Washington, District of Columbia 20019	Pre-Development Only	15	15	HPTF	\$100,000	2020 1Q	
Anacostia Gardens Apartments	Anacostia Gardens Investor LLC	3600 Ely Place Southeast, Washington, District of Columbia 20019	Substantial Rehabilitation	99	20	HPTF	\$9,803,105	2020 1Q	06-05-2021
309-813 Kennedy St NW	DP-GDC JV, LLC	809 Kennedy St NW, Washington, District of Columbia 20011	New Construction	38	38	HPTF	\$7,477,210	2020 1Q	12-14-2021
Spring Flats - Senior	Spring Flats MD LLC	1125 Spring Road NW, Washington, District of Columbia 20010	Substantial Rehabilitation	88	88	HPTF 9% LIHTC	\$6,984,660	2020 2Q	08-20-2021
SOME's Walter Reed Building 17 Project	SOME, Inc.	6900 Georgia Ave NW, Washington, District of Columbia	Substantial Rehabilitation	41	40	HOME HPTF	\$5,703,881	2020 2Q	09-04-2021
Abrams Hall Assisted iving	Urban Atlantic	Building 14, District of Columbia 20012	Substantial Rehabilitation	54	54	HPTF 9% LIHTC	\$3,339,434	2020 2Q	09-18-2021
Kenilworth 166 Phase 1	District of Columbia Housing Authority		New Construction	166	42	HPTF	\$17,597,387	2020 3Q	10-29-2021
218 Vine Street NW	Jair Lynch Real Estate Partners	218 Vine Street Northwest, Washington, District of Columbia 20012	New Construction	121	121	HPTF NHTF 9% LIHTC	\$12,729,738	2020 3Q	06-29-2022

Project Name	Project Sponsor	Address	Project Type/Scope	Units	Senior Units	Loans - Funding Sources	Loans - Total Loan Amount	Closing: Projected or Actual Closing Quarter	Construction: Projected or Actual Completion Quarter
Mary's House	Marys House for Older Adults, Inc.	401 Anacostia Road Southeast, Washington, District of Columbia 20019	New Construction	15	15	HPTF 9% LIHTC	\$1,193,239	2020 4Q	09-29-2022
тот				637	433		\$64,928,654		
тот				1,904	1596		\$167,950,573		

### **Satellite Wellness - Around Town DC Schedule: 2020**

Date	Time	Event	Location
CLASSES			
Mon.Sept. 19-Nov. 18	10:00-11:30	Woodworking	Chevy Chase
Mon, Nov 25- March 16	am		Com Center
(reg opens Nov. 1)			
Mon. March 23-June 15 (reg. opens Feb. 1)			
Mon. June 29-Sept 7			
(reg opens May 1)			
Wed. Sept. 4-Nov. 20	10:15-11:15	Gentle Yoga- Wed.	Chevy Chase
Wed, Dec. 4- March 18	am		Com Center
Wed, March 18-June 17			
Fri. Sept. 6-Nov.15	10:00-11:00	Gentle Yoga- Friday	Chevy Chase
Fri, Dec. 6- March 20	am		Com Center
Fri March 27-June 19			
Thurs. Sept. 10-Oct. 29 Thurs, March 19 –June 18	2:30-4:00 pm	Improv with Topher	Chevy Chase Com Center
Tues, Sept. 3-Nov. 19	2:30-4:30 pm	Painting w Trisha	Chevy Chase
Tues, Nov. 26-March 19		Collage and Printmaking w Trisha	Com Center
Tues, April 7-May 26		Dance with Taal	
Tuesday, Sept. 10-Oct. 29	2:30-4:00 pm	Improv with Topher	Foundry
Tues. March 24-May 12			
Thurs, Sept. 26-Nov. 14 Thurs, Jan 15-March 5 Thurs, March 26-May 14 Thurs, June 4, July 22	10:00 am -noon	Painting with Dominique Art/Word with Marie Drawing with Edgar Drawing with Meg	Cleveland Park Library
Thurs, June 4-July 23 Thurs, Aug 6-Sept. 24		Creativity with Meg	

Thurs. Oct 10-Dec. 12	1:00-2:30 pm	Word/Image with Marie	Tenley Library
Wed. Sept. 25-Nov. 20 Wed, March 25-May 13 Wed, June 3-July 22 Wed, Aug 5-Sept. 23	10:00-11:30 am 10:00-11:30 10:00-noon 10:00-noon	Word/Image with Marie Improv with Topher Drawing with Trisha Creativity with Dominique	West End Library
Wed. Sept. 11-Oct. 30 Wed. March 4-April 22 Wed. May 6-June 24 Wed. Sept. 9-Oct. 28	2:30-4:30 pm	Drawing with Edgar Creativity with Meg Printmaking with Trisha Marie?	Georgetown Library
Mon. Oct.21-Dec. 16 Monday, Jan 6-March 23 Monday, April 6-June 23	2:00-3:30 pm	Art Classes with Meg Artley	Thomas Circle
Mon. SeptDec. 23	11:30-12:30	Tai chi with Tyrone Cave	Friendship Park
Thurs Sept. 12-Oct. 31 Thurs. Jan 9-Feb 27, 2020	10:00-11:00 am	Feldenkrais	Foundry
Fall	1:00-2:00	NiClaire's Fountain of Youth	Foundry
Rest of the year	12-1:00 pm		
Thursday, Oct 24-Dec 19	10:15-11:15 am	Ukulele Class advanced	Middle C
Thurs, March 5-April 23 Thurs, May 7-June 25			
Thurs. Aug.6-Sept. 24			
Thursday, Oct 24-Dec 19	11:30 am- 12:30 pm	Ukulele Class beginning	Middle C
Thurs, March 5-April 23 Thurs, May 7-June 25			

Thurs. Aug.6-Sept. 24			
DANCE, CONCERT, CONVERSATION SERIES & African Am History			
Friday, Jan. 17	12:00-2:00 pm	Shuchi	Cleveland Park
Thursday, Jan. 23	12:00-2:00 pm	Praneetha Ann Jimerson	West End
Friday, Feb. 21	12:00-2:00 pm	Kalanidhi	Tenley
Monday, Feb. 24	12:30-2:30		Georgetown
Wed. Feb. 5	2:00-4:00	Derek Muskgrove (no lunch)	Cleveland Park
SPRING CONCERT SERIES			
Thurs, March 12	12:00-2:00 pm		West End
Thurs, March 26	12:00-2:00 pm		Tenley
Fri. April 24	12:00-2:00 pm		Guy Mason
Thurs. April 30	12:00-2:00 pm		Chevy Chase CC
SUMMER CONCERT SERIES			
May, June	12:00-2:00 pm		Cleveland Park
			West End
			Tenley
			Georgetown
FIELD TRIPS			
Monday, Oct. 7	10 am (leave Iona at 9)	Holocaust Museum	Holocaust Museum
Tues. Oct. 15	11:00 meet there	Katzen Art Center tour	Katzen Arts Center
Fri. October 18	11 am (leave Iona at 10)	Library of Congress	Library of Congress

Tues. October 22	10:30 (leave Iona at 9:30)	Hirshhorn	Hirshhorn Museum
Mon. Nov. 18	noon	Masala Art lunch	Masala Art
Mon. Nov. 18	1-2:30 pm	Tour of St. Ann's church	St. Ann's
Wed. Nov. 13	10-11 am	DC Public Library Washintoniana	4340 Ct. Ave.
Tues. Nov. 19	11 am (leave Iona at 10 am)	The Reach	2700 F St. NW
Friday, Dec. 6	11:00 am(leave at 10 am)	Freer Museum of Art	Jefferson Drive and 12th Street, SW
Thurs. Feb. 6	11 am (leave at 10)	National Museum of African American History and Culture	1400 Constitution Ave NW, Washington, DC 20560
Thursday, March 5	11 am (leave at 10)	Concert	Mansion at Strathmore
Thursday, April 9	11 am (leave at 10)	Technology and Museum	Carnegie Library
Tuesday, April 14	11 am (leave at 10)	Visit to Masonic Temple	Masonic Temple
Wednesday, May, 6, 2020	11:00 leave at 10	National Gallery of Art tour	Constitution Ave.
Tuesday, May 18, 2020?	10:30 (meet at 10)	UDC (wrote to Pho on 9.24)	UDC meet at PotBelly
Wednesday, May, 6, 2020	11:00 leave at 10	National Gallery of Art tour	
Tues. August 25, 2020	10:00 (leave Iona at 9:00)	Kenilworth Aquatic Gardens (discussed on 9.24.19)	Kenilworth Aquatic Gardens 1550 Anacostia Avenue, NE, Washington, DC 20019.

			(202) 692-6080
Sept (tentative)		American Indian Museum tours every day M-F at 1:30. Email them at nmaigroupreservations@si.edu Anthony They also have the movie from 2-4 every half hour	
LECTURES/TALKS			
Tuesday, January 14	4:00-6:00 pm	Elder Safety palinkas@ceslc.org	Iona Sr. Services or Tenley library
Wednesday, Feb. 12	2:00-4:00 pm	Derek Musgrove, Black Power Map	Cleveland Park Library
Saturday, March 7	3:00-5:00 pm	Steve Ortado Home Maintenance Workshop	Tenley- Friendship Library
Tuesday, March 31	4:00-6:00 pm	Susie Baer Brain Health	Iona Senior Services
Wed. April 22	1:00-2:30 pm	Joan Haffey Bird Talk	Tenley Library
Wednesday, May 13	6:00-8:00 pm	Medicare Question and Answer Are you approaching 65 or Medicare eligibility? Cheryl Smith, Director of DC State Health Insurance Program (SHIP) will speak about enrollment, eligibility, coordination of Medicare and private insurance benefits. She will speak for about 30 minutes and then take questions.  Dinner first? 4-6	Seoul Spice? and Tenley Friendship Library
May 27, 2020	4:00-6:00 pm	Kathleen and Susie Baer, Technology	Iona Senior Services
Monday, June 15	4:00-6:00 pm	Brain Health, Sharon Sellers	Tenley Library
		Sibley Seniors workshop on	

		Brain Health	
		(Look for logo on email 2/13)	
		10 Ways to Love Your Brain	
		Learn key lifestyle habits that can help keep your body and brain healthy. Growing evidence indicates that people can reduce their risk of cognitive decline by adopting key lifestyle habits. Start now to incorporate healthy habits! Also, learn about Club Memory® and all the programs that the Sibley Senior Association offers to help keep older adults active and healthy	
		Presenters:	
		Sharon L. Sellers, MBA, MPH, CDP	
		D'Andre Ferguson	
		Community Dementia Program – Club Memory®	
		Sibley Memorial Hospital, Johns Hopkins Medicine	
September	5:00-7:00 pm	Medicare	Friendship- Tenley Library
TECHNOLOGY WORKSHOPS			Tenley- Friendship Library Staff
Tues. Dec. 10	10-12 am	Intro to Smartphone Photography	Iona Sr. Services
Tues. Jan. 14	10-12 am	Twitter, Facebook, InstagramCan I do Without?	Iona Sr. Services
Tuesday, Jan. 28	10-12 am	Social Media/FB	Iona Sr.

			Services
Tues. Feb. 25	10-12 am	Smartphone Video	Iona Sr. Services
Tues. March 10	10-12 am	DC Library - Just a Click Away	Iona Sr. Services
Sat. April 25	9-12 or 1-4	GTG Tech Help	Tenley Library
Tues. April 28	10-12 am	Personal Archiving	Iona Sr. Services
Tuesday, May 26	10-12 am	Social Media/Utube	Iona Sr. Services
Friday, June 26	10-12 am	Social Media/Twitter	Iona Sr. Services
THIRD THURDAYS END OF LIFE CONVERSATIONS			
Thursday, December 19	10-12 pm	Conversation Project	Tenley Friendship
Jan 16	10-12 pm	Writing my Obituary (Sarah Farr)	Tenley Friendship
Feb 20	10-12 pm	Put my body to good use— Organ and body Donation	Tenley Friendship
March 19	10-12 pm	Niel Rosen: Mindfullness	Tenley Friendship
May 21	10-12 pm	Donna Smith: DC Death with Dignity Act	Tenley Friendship
June 18	10-12 pm	Writing an Ethical/Spiritual Will	Tenley Friendship
Sept	10-12 pm	Go Wish Game	
options		It is My life: Help me make wise choices?	
		Dementia: Facing our Fears and Making Plans	
		Comfort and Dying: Death	

	Doulas and Palliative Care	