



Councilmember Anita Bonds

A CEREMONIAL RESOLUTION

IN THE COUNCIL OF THE DISTRICT OF COLUMBIA

To recognize and celebrate the inaugural Capital Queens Women's Sports Week, held September 20 through September 26, and jointly established by the Washington Spirit and Washington Mystics, celebrating the value of girls' and women's participation in sports.

WHEREAS, the Washington Mystics and Washington Spirit came together to launch a weeklong crossover called Capital Queens, pioneering DC's first women's sports week;

WHEREAS, Washington DC is the epicenter of women's sports, where women's teams have brought national championships in professional sports, collegiate programs, and high school programs;

WHEREAS, the collaboration between two of DC's longest women's professional sports teams will bring together players, fans, local businesses, and the community at large to celebrate women's sports and increase awareness of the importance of girls' participation in youth sports;

WHEREAS girls' participation in sports leads to more healthier communities, stronger leaders, robust professional careers, and more equitable futures, empowering girls to build confidence, and leadership, especially during critical developmental years;

WHEREAS, girls' participation in sports supports stronger self-worth and emotional resilience as they grow and face increased social pressures, body image concerns, fear of judgment and feelings of not belonging;

WHEREAS, according to the Women's Sports Foundation, girls still have fewer opportunities to play sports than boys, considering barriers such as limited resources, access to school sports, transportation, and community programs that make it more difficult for girls to participate and stay engaged;

46 WHEREAS, more than 38% of U.S. girls do not participate in youth sports, and by the
47 age of 14 are twice as likely to drop out of sports completely compared to boys;

48 WHEREAS, 69% of women who earned more than \$100,000 per year and are in
49 leadership roles played competitive sports and 85% of women who played sports report the skills
50 they developed playing sports were important to success in their professional careers; and
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52 WHEREAS, the correlation between professional success and adolescent athletics has
53 demonstrated that 94% of women in C-suite positions played sports, more than half played at the
54 collegiate level, and approximately 80% of Fortune 500 women executives played sports in their
55 earlier years.
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57 RESOLVED, BY THE COUNCIL OF THE DISTRICT OF COLUMBIA, That this
58 resolution may be cited as the “Capital Queens Women’s Sports Week Recognition Resolution
59 of 2026.”
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61 Sec. 2. The Council of the District of Columbia recognizes Capital Queens Women’s
62 Sports Week, encourages the participation of girls and women in sports, and celebrates the
63 athletes, fans, and local community in making the District a leader in women’s sports.
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65 Sec. 3. This resolution shall take effect immediately upon the first date of publication in
66 the District of Columbia Register.