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[Councilmember]

Councilmember Anita Bonds

A CEREMONIAL RESOLUTION

IN THE COUNCIL OF THE DISTRICT OF COLUMBIA

To honor and recognize Hattie Holmes Senior Wellness Center for its continuous commitment and positive impact on the community.

WHEREAS, September is Healthy Aging Month and this year's theme celebrates the value of being curious throughout our lives by staying connected with others, staying active, and trying new things;

WHEREAS, we in the District of Columbia are fortunate to have in place Senior Wellness Centers that actively involve any resident over the age of 60 who wishes to participate or enjoy the services offered by the Centers;

WHEREAS, the Senior Wellness Centers of the District of Columbia have served as a vital community resource since 1985 and are dedicated to enhancing the health, well-being, independence, and quality of life of seniors throughout the District of Columbia;

WHEREAS, these Centers provide opportunities for lifelong learning, physical fitness, nutrition education, health promotion, disease prevention, social engagement, and cultural enrichment;

WHEREAS, the Senior Wellness Centers foster meaningful connections among residents, helping to reduce isolation, strengthen community bonds, and promote active and healthy aging;

WHEREAS, the dedicated staff, volunteers, community partners, and supporters of the Senior Wellness Centers work tirelessly to provide programs and services that empower older adults to live with dignity, purpose and independence;

46 WHEREAS, the Senior Wellness Centers reflect the District of Columbia’s commitment
47 to honoring and supporting its senior residents, recognizing their contributions, wisdom, and
48 continued engagement in civic and community life;

49
50 WHEREAS, the success of the Senior Wellness Centers is a testament to the vision,
51 leadership, and dedication of those who have championed services for older adults in DC;

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53 WHEREAS, the Hattie Holmes Senior Wellness Center located on Georgia Avenue and
54 Kennedy Street in Ward 4 is managed by Mary’s Center and supported by the DC Office of
55 Aging and Community Living;

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57 WHEREAS, the Hattie Holmes Senior Wellness Center features a wide range of health
58 and social services for DC residents aged 60+;

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60 WHEREAS, the capable and dedicated staff at the senior center provides individual and
61 group fitness classes and nutrition counselling;

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63 WHEREAS, each facility has amenities such as a state-of-the-art gym, exercise studio,
64 kitchen, computer lab, and many more features; and

65
66 WHEREAS, seniors who take part in activities at the Hattie Holmes Senior Wellness
67 Center can also join fun and educational activities – all free of charge.

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69 RESOLVED, BY THE COUNCIL OF THE DISTRICT OF COLUMBIA, That this
70 resolution may be cited as the “Hattie Holmes Senior Wellness Center Recognition Resolution of
71 2026”.

72
73 Sec. 2. The Council of the District of Columbia recognizes the Hattie Holmes Senior
74 Wellness Center, the Department of Aging and Community Living, and St. Mary’s Center for
75 providing excellent services for the aging community, and urges all 60+ residents of Ward 4 to
76 make use of it.

77
78 Sec. 3. This resolution shall take effect immediately upon the first date of publication in
79 the District of Columbia Register.