



[Councilmember]

Councilmember Anita Bonds

## A CEREMONIAL RESOLUTION

### IN THE COUNCIL OF THE DISTRICT OF COLUMBIA

To honor Vida Senior Services (VIDA) for more than five decades of extraordinary service to older adults, acting as a home-away-from-home for older adults that offers free meals, health screenings, nutritional guidance, and mental health support, all in a multilingual setting.

WHEREAS, Vida Senior Services, founded in 1969, is the oldest Hispanic nonprofit organization in the District of Columbia and has served the community for more than 55 years;

WHEREAS, VIDA is dedicated to improving the lives of older adults, particularly through culturally and linguistically appropriate programs and services that recognize the dignity, traditions, and unique needs of the communities it serves;

WHEREAS, VIDA provides essential services that promote health and wellness, social connection, independence, dignity, and quality of life for older adults and their families;

WHEREAS, Vida Senior Services has been a trusted community partner, helping older Washingtonians remain engaged, connected, healthy, and independent while strengthening the families and neighborhoods in which they live;

WHEREAS, VIDA offers nutritious food, including a daily congregate meal site and a food distribution program that since the Covid-19 pandemic has delivered 9,500 boxes of fresh produce and 2,970 Food Bank boxes;

WHEREAS, VIDA provides programming that addresses the mental health needs of older adults, including individual and group counseling sessions, tai-chi classes, and positive thinking workshops;

WHEREAS, VIDA recognizes the importance of lifelong learning and engages seniors with classes on embroidery, knitting, music, computer and technology, painting, and more;

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48 WHEREAS, VIDA promotes the health and wellness of seniors by offering medical  
49 referrals, support with doctors' appointments, programming on chronic diseases and diabetes,  
50 and exercise classes in dance, Zumba, tai-chi, and yoga;  
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52 WHEREAS, VIDA's mission focuses on the unique needs of Spanish-speaking seniors,  
53 offering Spanish literacy and English language classes to seniors who might otherwise  
54 themselves isolated culturally and linguistically;  
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56 WHEREAS, VIDA's enduring commitment reflects the District of Columbia's  
57 recognition that every older adult deserves to age with dignity, respect, opportunity, and access  
58 to the resources necessary to live a healthy and fulfilling life; and  
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60 WHEREAS, the District recognizes and celebrates the invaluable contributions of VIDA  
61 Senior Services and its staff, volunteers, supporters, and community partners who have devoted  
62 themselves to serving older adults and strengthening the District's diverse communities.  
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64 RESOLVED, BY THE COUNCIL OF THE DISTRICT OF COLUMBIA, That this  
65 resolution may be cited as the "Vida Senior Services Recognition Resolution of 2026".  
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67 Sec. 2. The Council of the District of Columbia recognizes and honors Vida Senior  
68 Services for more than five decades of commitment to older adults, caregivers, and families in  
69 the District of Columbia, extending its sincere appreciation for its continued dedication for  
70 improving the health, independence, and quality of life for the District's senior population.  
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72 Sec. 3. This resolution shall take effect immediately upon the first date of publication in  
73 the District of Columbia Register.